

FALLS CHURCH EXTENDED DAY SNACK			DECEMBER 2011		BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			DECEMBER 1 BABY CARROTS W/DIP, 1/2 C WHOLE GRAIN CHEESE GOLDFISH, 1 EA 6" PLATE / NAPKIN	DECEMBER 2 1OZ BAG TOSTITOS, 1 EA MILD SALSA 100% PEACH MANGO / NO DYES 6" PLATE/NAP/CUP	
DECEMBER 5 NEW WHOLE GRAIN BENEFIT OATMEAL SPICE BAR, 1EA 100% ORANGE PINEAPPLE JUICE/ NO DYES, 3/4 C NAPKIN/CUP	DECEMBER 6 TRAIL MIX, 3/4 C 100% FRUIT PUNCH - NO DYES, 3/4 C NAPKIN/CUP	DECEMBER 7 FRESH BANANA, 1 EA BACK TO NATURE HONEY GRAHAM STICKS, 1 EA NO ARTIFICIAL PRESERVATIVES, FLAVORS, OR COLORS, NO HYDROGENATED OILS NAPKIN CUP	DECEMBER 8 BABY CARROTS, 3/4 C STRING CHEESE, 1 EA SALTINE CRACKERS, 4 EA NAPKIN CUP	DECEMBER 9 LIFE CEREAL, 3/4 EA MILK, 3/4 OZ BOWL/SPN/NAPKIN	
DECEMBER 12 MOTT'S APPLESAUCE, 1 EA MINI PRETZELS, 10 PCS NAPKIN / SPOON CUP	DECEMBER 13 BLUBRY WHL WHEAT MUFFIN, 1 EA MILK, 3/4 C NAPKIN CUP	DECEMBER 14 CALIFORNIA ORANGES, 6 PCS DANIMALS STRAWBERRY CRUSH CUP YOGURT, 1 EA NAPKIN / SPOON CUP	DECEMBER 15 SLICED CUCUMBERS, 3/4 C RANCH DRESSING WHOLE GRAIN CHEESE GOLDFISH, 1 PKTS 6" PLATE / NAPKIN CUP	DECEMBER 16 1OZ BAG TOSTITOS, 1 EA MILD SALSA 100% PEACH MANGO / NO DYES 6" PLATE/NAP/CUP	
DECEMBER 19 WHOLE GRAIN KIX'S BOWL PAK CEREAL MILK, 3/4 OZ NAPKIN / SPOON CUP	DECEMBER 20 RITZ CRACKERS, 6 EA CHEDDAR CHEESE STICK, 1 EA 6" PLATE / NAPKIN	DECEMBER 21 FRESH BANANA, 1 EA TEDDY GRAHAMS SNACK, 1 EA NAPKIN CUP	DECEMBER 22 TOSSED SALAD W/ RANCH, 3/4 C SALTINE CRACKERS, 6 EA 100% WHITE GRAPE JUICE/ NO DYES, 3/4 C 5OZ BOWL / NAPKIN CUP	DECEMBER 23 WINTER HOLIDAY !!!	
DECEMBER 26 WINTER HOLIDAY !!!	DECEMBER 27 WINTER HOLIDAY !!!	DECEMBER 28 WINTER HOLIDAY !!!	DECEMBER 29 WINTER HOLIDAY !!!	DECEMBER 30 WINTER HOLIDAY !!!	

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal